

AUGUST

Pinellas County Elementary Lunch Menu

DAILY BREAKFAST CHOICES
 Hot or cold breakfast choices are available daily, i.e.: Breakfast Sandwich, Pancakes, Cereal & Toast, or Cereal Bar & Toast.
Must choose at least 1: Fruit or Juice.
May choose 1: Milk Skim, Low Fat White, or Fat Free Chocolate.

DAILY LUNCH CHOICES:
Choose 1: Entrée.
Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal)
May Choose: 1 Milk; Skim, Low Fat White, or Fat Free Chocolate.

Available for lunch daily:
 Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Visit nutrislice.com for Menu & Nutrition Information, & to download the app on your mobile device!</p>				<p><i>All menus are subject to change! We do our best to provide our customers with all of our planned options, however, occasionally weather, crops and supplies have other ideas!</i></p>
12	13	14	15	16
 <p>Follow us! @my_pes #pinellassechfood</p>		<p>Scones (Orange Passion or Blueberry Lemon)</p> <p>Choose One: Asian Beef & Broccoli Lo Mein Chicken Drumstick w/ Hush Puppy Yogurt & Fruit Parfait Ham & Cheese Croissant</p> <p>Choose: Steamed Broccoli Florets Sliced Cucumbers</p>	<p>Sausage Biscuit or Sausage & Grits</p> <p>Choose One: Featured Item: Cheesy Bread Chicken Sandwich Apple-a-Day Salad Chicken Caesar Wrap</p> <p>Choose: Marinara Cup Battered Sweet Potato Fries Mixed Side Salad</p>	<p>Breakfast Skillet (egg, cheese, potato & toast)</p> <p>Choose One: Pizza Variety Cheesy Fish Filet Chef Salad Turkey & Cheese Hoagie or Sandwich</p> <p>Choose: Corn Niblets Fresh Veggie Dippers</p>
19	20	21	22	23
<p>Maple Pancake Minis</p> <p>Choose One: Cheeseburger or Hamburger Cheese Sticks & Toasted Ravioli Boat Fruit & Yogurt Plate Bologna & Cheese Sandwich</p> <p>Choose: Marinara Cup Tator Tots Fresh Veggie Dippers</p>	<p>Chicken Waffle Sandwich</p> <p>Choose One: Beef or Pork Tacos Cheese Pizza Crunchers Chicken Caesar Salad Jamwich Kit</p> <p>Choose: Refried Fiesta Beans Romaine Side Salad</p>	<p>Egg, Ham & Cheese Sandwich</p> <p>Choose One: Mandarin Orange Chicken Bowl Macaroni & Cheese Yogurt & Fruit Parfait Ham & Cheese Croissant</p> <p>Choose: Steamed Broccoli Florets Sliced Cucumbers</p>	<p>Apple Cinnamon Texas Toast</p> <p>Student Choice Menu <i>Students choose the hot entrees and vegetable options!</i></p> <p>Entrée Salad: <i>Apple-a-Day Salad</i> Sandwich: <i>Chicken Caesar Wrap</i> Side Salad: <i>Mixed</i></p>	<p>Cheese Omelet w/ Toast</p> <p>Choose One: Pizza Variety Chicken & Waffle Chef Salad Turkey & Cheese Hoagie or Sandwich</p> <p>Choose: Mixed Vegetables Fresh Veggie Dippers</p>
26	27	28	29	30
<p>Pancake Pup</p> <p>Choose One: Chicken Tender Basket w/ Crispy Fries & Roll Max Cheese Sticks Fruit & Yogurt Plate Bologna & Cheese Sandwich</p> <p>Choose: Marinara Cup Green Beans Fresh Veggie Dippers</p>	<p>Bacon, Egg & Cheese Pizza</p> <p>Choose One: Teriyaki Beef Dippers w/ Rice & Chow Mein Noodles Grilled Cheese Chicken Caesar Salad Jamwich Kit</p> <p>Choose: Tomato Soup Romaine Side Salad</p>	<p>Glazed Dunker</p> <p>Choose One: Chicken Fajita Cheez-It Bowl Pasta & Meatballs Yogurt & Fruit Parfait Ham & Cheese Croissant</p> <p>Choose: Spinach or Collard Greens Sliced Cucumbers</p>	<p>Scrambled Egg, Bacon & Biscuit</p> <p>Choose One: Featured Item: Popcorn Chicken Bowl w/ Biscuit Corn Dog or Hot Dog Apple-a-Day Salad Chicken Caesar Wrap</p> <p>Choose: Country Baked Beans Mixed Side Salad</p>	<p>French Toast & Chicken Bites</p> <p>Choose One: Pizza Variety Ocean Treasure Fish Nuggets w/ Roll Chef Salad Turkey & Cheese Hoagie or Sandwich</p> <p>Choose: Green Peas Fresh Veggie Dippers</p>

Fun Facts!

August is National Peach Month!
 Did you know that the peach originated in China? Peaches are a good source of vitamins A, B, & C!



In accordance with Federal Law and US Department of Agriculture policy, Pinellas County School Food Service is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. (Not all prohibited bases apply to all programs). To file a complaint of discrimination, write: USDA, Director, Office of Civil Rights, 1400 Independence Av. SW, Washington D.C. 20250-9410; or email: program.intake@usda.gov. This institution is an equal opportunity provider/employer.